

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

KEY:
 MC: My Channel (TV CH. 1_2)
 KP: Kingsley Place Lobby
 CR - Card Room
 AC - Activity Center
 CGT - Theater
 BB—Birchwood Bay
 WC: Wellness Center
Underline = Pre-register at Activity Office (LG)

ARTIST OF THE MONTH

Edvard Munch

Edvard Munch is a Norwegian artist best known for the painting *The Scream*. He was born in 1863 and passed away in 1944. Most of his artwork was banned in Nazi Germany, but luckily a lot survived the war, and his legacy was able to live on. Munch's works are now represented in numerous major museums and galleries in Norway and abroad.

Door Décor Competition!

Starting October 1st! Spruce up your apartment door with Halloween décor! It can be cute, it can be spooky, it can be creepy! We will vote for the best door at the Birthday Happy Hour on the 29th! Winner will receive a Target Gift Card!

Costume Contest!

Wear your best Halloween Costume to our Halloween Lunch on October 28th! We will vote at the lunch to determine a winner!



1
 10:00 Chair Exercise (MC)
 10:30 Who Wants to be a Millionaire— Trivia (AC)
 1:00 Cribbage Club (BB)
 2:15 Rummikub (BB)
 3:30 BYOB Happy Hour (AC)

2
 9:00 Exercise—Jeff (MC)
 10:00 Sing Along (MC)
 11:00 Thai Chi (MC)
 1:30 Ice Cream Social (BB)
 2:30 Skip-Bo (BB)

3
 9:00 Exercise—Jeff (MC)
 10:00 Hymn Sing (MC)
 1:00 Thai Chi (MC)

4
 9:00 Exercise—Jeff (MC)
 10:00 Meditation (MC)
 11:00 Crossword Club (AC)
 1:00 Mahjong (CR)
 2:00 Dominoes (BB)
 3:30 Tape Art (BB)
 6:00 Rummikub (BB)

5
 9:30 Donut Social (BB)
 10:00 Rosary (AC)
 10:45 **Strength Class (WC)**
 11:00 Phase 10 (BB)
 1:00 Bingo (AC)
 3:00 Kingsley Choir (AC)
 3:15 **Chair Exercise w/ Alicia (BB)**

6 **Bus Shuttle**
 10:00 Chair Exercise (MC)
 10:00 Men's Club (KP)
 11:00 Bean Bags (AC)
 1:00 AL+ 1:1 Visits
 2:00 500 Club (CR)
 2:00 **Water Arthritis Class (WC)**
 3:30 Dominoes (BB)
 6:30 Theater Night: All Together Now (CGT)

7
 9:00 Exercise—Jeff (MC)
 10:00 Bunco (BB)
 1:00 Bingo (AC)
 2:15 Christian Social Hour (AC)
 3:15 **Chair Exercise w/ Alicia (AC)**
 4:30 Oktoberfest Supper
6:00 Potluck String Band (AC)

8
 10:00 Chair Exercise (MC)
 10:30 Who Wants to be a Millionaire— Trivia (AC)
 1:00 Exercise—Jeff (MC)
 1:00 Cribbage Club (BB)
 2:15 Rummikub (BB)
 3:30 BYOB Happy Hour (AC)

9
 9:00 Exercise—Jeff (MC)
 10:00 Sing Along (MC)
 11:00 Thai Chi (MC)
 1:30 Ice Cream Social (BB)
 2:30 Skip-Bo (BB)



October 2021



Silver Advantage Letter of the Month is: "E" for Energy, Enriching Lives and Enthusiasm

**All activities are subject to change*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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10
 9:00 Exercise—Jeff (MC)
 10:00 Hymn Sing (MC)
 1:00 Thai Chi (MC)
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 MC: My Channel (TV CH. 1_2)
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11
 9:00 Exercise—Jeff (MC)
 10:00 Meditation (MC)
 11:00 Crossword Club (AC)
 1:00 Mahjong (CR)
 2:00 Spinner Dominoes (BB)
 3:30 Halloween Silhouette Painting (BB)
 6:00 Rummikub (BB)

12
Flu Shot Clinic Today (AC) 10 AM
 9:30 Donut Social (BB)
 10:00 Rosary (CR)
 10:45 Strength Class (WC)
 11:00 Phase 10 (BB)
 1:00 Bingo (AC)
 3:00 Kingsley Choir (AC)
 3:15 Chair Exercise w/ Susan (BB)

13 **Bus Shuttle**
 10:00 Men’s Club (KP)
 11:00 Bean Bags (AC)
 1:00 AL+ 1:1 Visits
1-2:30 Lakeville Library (BB)
 2:00 500 Club (CR)
 2:00 Water Arthritis Class (WC)
 3:30 Dominoes (BB)
 6:30 Theater Night: Poms (CGT)

14
 9:00 Exercise—Jeff (MC)
 11:00 Painting Wooden Pumpkins (AC)
 10:00 Bunco (BB)
 1:00 Bingo (AC)
 2:15 Christian Social Hour (AC)
 3:15 Chair Exercise w/ Alicia (AC)

15
 9:30 Exercise—Jeff (MC)
 11:00 Who Wants to be a Millionaire—Trivia (AC)
 1:00 Cribbage Club (BB)
 2:15 Rummikub (BB)
 3:30 BYOB Happy Hour (AC)

16
 9:00 Exercise—Jeff (MC)
 10:00 Sing Along (MC)
 11:00 Thai Chi (MC)
 1:30 Ice Cream Social (BB)
 2:30 Skip-Bo (BB)

17
 9:00 Exercise—Jeff (MC)
 10:00 Hymn Sing (MC)
 1:00 Thai Chi (MC)

October 2021
** All activities are subject to change*

18
 9:00 Exercise—Jeff (MC)
 10:00 Meditation (MC)
 11:00 Crossword Club (AC)
 1:00 Mahjong (CR)
 2:00 Dominoes (BB)
 3:30 Q-Tip Florals (BB)
 6:00 Rummikub (BB)


19 9:30 Donut Social (BB)
 10:00 Rosary (AC)
 10:45 Strength Class (WC)
 11:00 Phase 10 (BB)
 1:00 Townhall (AC)
 2:00 Bingo (AC)
 3:15 Chair Exercise w/ Alicia (BB)
 3:00 Kingsley Choir (AC)
6:00 Dementia Support Group (AC)


20 **Bus Shuttle**
 10:00 Chair Exercise (MC)
 10:00 Men’s Club (KP)
 11:00 **NO** BEAN BAGS
 2:00 500 Club (CR)
 2:00 Water Arthritis Class (WC)
 3:30 Dominoes (BB)
 6:30 Theater Night: Wild Oats (CGT)

21
 9:00 Exercise—Jeff (MC)
 10:00 Bunco (BB)
11:00 Worship w/ Pastor Andy (AC)
 1:00 Bingo (AC)
 2:15 Christian Social Hour (AC)
 3:15 Chair Exercise w/ Alicia (AC)

22
 9:30 Exercise—Jeff (MC)
 10:00 Gather and Gab W/ Nina (BB)
 1:00 Cribbage Club (BB)
 2:15 Rummikub (BB)
 3:30 BYOB Happy Hour (AC)

23
 9:00 Exercise—Jeff (MC)
 10:00 Sing Along (MC)
 11:00 Thai Chi (MC)
 1:30 Ice Cream Social (BB)
 2:30 Skip-Bo (BB)


 KINGSLEY SHORES & PLACE
 A SILVERCREST SENIOR COMMUNITY


24 9:00 Exercise—Jeff (MC)
 10:00 Hymn Sing (MC)
 1:00 Thai Chi (MC)
 31 9:00 Exercise—Jeff (MC)
 10:00 Hymn Sing (MC)
 1:00 Thai Chi (MC)


25
 9:00 Exercise—Jeff (MC)
 10:00 Meditation (MC)
 11:00 Crossword Club (AC)
 1:00 Mahjong (CR)
 2:00 Dominoes (BB)
 3:15 November Center-piece Creation (BB)
 6:00 Rummikub (BB)

26 9:30 Donut Social (BB)
 10:00 Rosary (AC)
 10:45 Strength Class (WC)
 11:00 Phase 10 (BB)
 1:00 Bingo (AC)
 2:15 Afternoon Tea (AC)
 3:15 Chair Exercise w/ Alicia (BB)

27 **Bus Shuttle**
 10:00 Chair Exercise (MC)
 10:00 Men’s Club (KP)
 11:00 Bean Bags (AC)
 1:00 AL+ 1:1 Visits
 2:00 500 Club (CR)
 2:00 Water Arthritis Class (WC)
 3:30 Dominoes (BB)
 6:15 Halloween Movie Night w/ Popcorn (AC)

28 10:00 Bunco (BB)
 11:00 Haunted Birchwood Bay (BB)
 11:30-1 Halloween Lunch—Dress UP!
 1:00 Bingo (AC)
 2:15 Christian Social Hour (AC)
 3:15 Chair Exercise w/ Alicia (BB)
 3:30 Resident Council (AC)

29 9:30 Exercise—Jeff (MC)
 10:30 Who Wants to be a Millionaire—Trivia (AC)
 1:00 Cribbage Club (BB)
 2:15 Rummikub (BB)
 3:30 October Birthdays Happy Hour (AC)


30
 9:00 Exercise—Jeff (MC)
 10:00 Sing Along (MC)
 11:00 Thai Chi (MC)
 1:30 Ice Cream Social (BB)
 2:30 Skip-Bo (BB)