

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>KEY: MC: My Channel (TV CH. 1_2) KP: Kingsley Place Lobby CR - Card Room AC - Activity Center CGT - Theater BB—Birchwood Bay WC: Wellness Center <u>Underline</u> = Pre-register at Activity Office (LG)</p>	<p>1 9:00 Exercise—Jeff (MC) 10:00 Meditation (MC) <u>10:45 Balance & Stretch (WC)</u> 11:00 Crossword Club (AC) 1:00 Mahjong (CR) 2:00 Dominoes (BB) 3:30 Bridge Club (KP) 3:30 Autumn Rock Painting (BB) 6:00 Rummikub (BB)</p>	<p>2 9:30 Donut Social (BB) 10:00 Rosary (AC) <u>10:45 Strength Class (WC)</u> 11:00 Phase 10 (BB) 1:00 Bingo (AC) 3:00 Kingsley Choir (AC) <u>3:15 Chair Exercise w/ Alicia (BB)</u></p>	<p>3 <u>Bus Shuttle</u> 10:00 Chair Exercise (MC) 10:00 Men's Club (KP) 11:00 Bean Bags (AC) 1:00 AL+ 1:1 Visits 2:00 500 Club (CR) <u>2:00 Water Arthritis Class (WC)</u> 3:30 Dominoes (BB) 6:30 Theater Night: You are my Home (CGT)</p>	<p>4 <u>Covid Booster Shots (AC)</u> <u>9:30-3PM</u> 9:00 Exercise—Jeff (MC) 10:00 Bunco (BB) <u>10:45 Strength Class (WC)</u> 2:15 Christian Social Hour (CR) <u>3:15 Chair Exercise w/ Alicia (AC)</u></p>	<p>5 10:00 Chair Exercise (MC) 11:00 Five Crowns (BB) 1:00 Cribbage Club (BB) 2:15 Rummikub (BB) 3:30 BYOB Happy Hour (AC)</p>	<p>6 9:00 Exercise—Jeff (MC) 10:00 Sing Along (MC) 11:00 Thai Chi (MC) 1:30 Ice Cream Social (BB) 2:30 Skip-Bo (BB)</p>
<p>7 9:00 Exercise—Jeff (MC) 10:00 Hymn Sing (MC) 1:00 Thai Chi (MC)</p>	<p>8 9:00 Exercise—Jeff (MC) 10:00 Meditation (MC) <u>10:45 Balance & Stretch (WC)</u> 11:00 Crossword Club (AC) 1:00 Mahjong (CR) 2:00 Dominoes (BB) 3:30 Bridge Club (KP) 3:30 Gratitude Tree (BB) 6:00 Rummikub (BB)</p>	<p>9 9:30 Donut Social (BB) 10:00 Rosary (AC) 11:00 Phase 10 (BB) 1:00 Bingo (AC) 2:15 Book Club (CR) 3:00 Kingsley Choir (AC)</p>	<p>10 <u>Bus Shuttle</u> 10:00 Chair Exercise (MC) 10:00 Men's Club (KP) 1-2:30 Lakeville Library (BB) 2:00 500 Club (CR) <u>2:00 Water Arthritis Class (WC)</u> 3:30 Dominoes (BB) 6:30 Theater Night: Freedom Writer (CGT)</p>	<p>11 9:00 Exercise—Jeff (MC) 10:00 Bunco (BB) <u>10:45 Strength Class (WC)</u> 11:00 Veteran's Day Poppy Craft (AC) 1:00 Bingo (AC) 2:15 Christian Social Hour (AC) <u>3:15 Chair Exercise w/ Alicia (AC)</u></p>	<p>12 10:00 Chair Exercise (MC) 11:00 Five Crowns (BB) 1:00 Exercise—Jeff (MC) 1:00 Cribbage Club (BB) 2:15 Rummikub (BB) 3:30 BYOB Happy Hour (AC)</p>	<p>13 9:00 Exercise—Jeff (MC) 10:00 Sing Along (MC) 11:00 Thai Chi (MC) 1:30 Ice Cream Social (BB) 2:30 Skip-Bo (BB)</p>







November 2021



Silver Advantage Letter of the Month is: "C" for Community

*All activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 9:00 Exercise—Jeff (MC) 10:00 Hymn Sing (MC) 1:00 Thai Chi (MC)	15 9:00 Exercise—Jeff (MC) 10:00 Meditation (MC) 10:45 Balance & Stretch (WC) 11:00 Crossword Club (AC) 1:00 Mahjong (CR) 2:00 Spinner Dominoes (BB) 3:30 Bridge Club (KP) 6:00 Rummikub (BB)	16 9:30 Donut Social (BB) 10:00 Rosary (AC) 10:45 Strength Class (WC) 11:00 Mary Franz Live Music (AC) 1:00 Townhall (AC) 2:00 Bingo (AC) 3:00 Kingsley Choir (AC) 3:15 Chair Exercise w/ Alicia (BB) 6:00 Dementia Support Group (AC)	17 <u>Bus Shuttle</u> 10:00 Men's Club (KP) 11:00 Bean Bags (AC) 1:00 AL+ 1:1 Visits 2:00 500 Club (CR) 2:00 Water Arthritis Class (WC) 3:30 Dominoes (BB) 6:30 Theater Night: The Starling (CGT)	18 9:00 Exercise—Jeff (MC) 10:00 Bunco (BB) 10:45 Strength Class (WC) 11:00 Worship w/ Pastor Andy (AC) 1:00 Bingo (AC) 2:15 Christian Social Hour (AC) 3:15 Chair Exercise w/ Alicia (BB) 3:30 KS Resident Council (AC)	19 9:30 Exercise—Jeff (MC) 11:00 Five Crowns (BB) 11:15 Snuffy's Malt Shop 1:00 Cribbage Club (BB) 2:15 Rummikub (BB) 3:30 BYOB Happy Hour (AC)	20 9:00 Exercise—Jeff (MC) 10:00 Sing Along (MC) 11:00 Thai Chi (MC) 1:30 Ice Cream Social (BB) 2:30 Skip-Bo (BB)
21 9:00 Exercise—Jeff (MC) 10:00 Hymn Sing (MC) 1:00 Thai Chi (MC)	22 9:00 Exercise—Jeff (MC) 10:00 Meditation (MC) 10:45 Balance & Stretch (WC) 11:00 Crossword Club (AC) 1:15 Christian Social Hour (AC) 1:00 Mahjong (CR) 2:00 Dominoes (BB) 3:30 Bridge Club (KP) 3:30 Pecan Pie Bars (BB) 6:00 Rummikub (BB)	23 9:30 Donut Social (BB) 10:00 Rosary (AC) 10:45 Strength Class (WC) 11:00 Phase 10 (BB) 1:00 Bingo (AC) 2:15 Afternoon Tea (AC) 3:15 Chair Exercise w/ Alicia (BB) 3:00 Kingsley Choir (AC)	24 <u>Bus Shuttle</u> 10:00 Chair Exercise (MC) 10:00 Men's Club (KP) 11:00 Bean Bags (AC) 2:00 500 Club (CR) 2:00 Water Arthritis Class (WC) 3:30 Dominoes (BB) 6:30 Theater Night: Lee Daniels The Butler (CGT)	25 9:00 Exercise—Jeff (MC) 10:00 Bunco (BB) <div style="text-align: center;">  </div>	26 9:30 Exercise—Jeff (MC) 10:00 Gather and Gab W/ Nina (BB) 11:00 Five Crowns (BB) 1:00 Cribbage Club (BB) 2:15 Rummikub (BB) 3:30 November Birthday Happy Hour (AC) <div style="text-align: right;">  </div>	27 9:00 Exercise—Jeff (MC) 10:00 Sing Along (MC) 11:00 Thai Chi (MC) 1:30 Ice Cream Social (BB) 2:30 Skip-Bo (BB)
28 9:00 Exercise—Jeff (MC) 10:00 Hymn Sing (MC) 1:00 Thai Chi (MC)	29 9:00 Exercise—Jeff (MC) 10:00 Meditation (MC) 10:45 Balance & Stretch (WC) 11:00 Crossword Club (AC) 1:00 Mahjong (CR) 2:00 Dominoes (BB) 3:30 Bridge Club (KP) 3:15 December Center-piece Creation (BB) 6:00 Rummikub (BB)	30 9:30 Donut Social (BB) 10:00 Rosary (AC) 10:45 Strength Class (WC) 11:00 Phase 10 (BB) 1:00 Bingo (AC) 3:00 Kingsley Choir (AC) 3:15 Chair Exercise w/ Alicia (BB)		<u>Artist of the Month</u>	KEY: MC: My Channel (TV CH. 1_2) KP: Kingsley Place Lobby CR - Card Room AC - Activity Center CGT - Theater BB—Birchwood Bay WC: Wellness Center Underline = Pre-register at Activity Office (LG)	<div style="text-align: center;">  <p>KINGSLEY SHORES & PLACE A SILVERCREST SENIOR COMMUNITY</p> </div> <p style="text-align: center;">November 2021</p> <p style="text-align: center;"><i>* All activities are subject to change</i></p>