


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>KEY: MC: My Channel (TV CH. 1_2) KP: Kingsley Place Lobby LB: 3rd Floor KS Library CR - Card Room AC - Activity Center CGT - Theater BB—Birchwood Bay WC: Wellness Center <u>Underline</u> = Pre-register at Activity Office (LG)</p>		<p>1 9:30 Donut Social (BB) 10:00 Rosary (AC) 10:45 Strength Class (WC) 11:00 Phase 10 (BB) 1:00 Bingo (AC) 2:15 Five Crowns (BB) 3:15 Chair Exercise w/ Jasmine (AC)</p>	<p>2 <u>Bus Shuttle</u>— Aldi/Walmart 10:00 Men's Club (KP) 1:00 Activity Forum (AC) 2:00 500 Club (CR) 2:00 Water Arthritis Class (WC) 3:00 Dominoes (BB) (CGT) 6:30 Theater Night (CGT)</p>	<p>3 10:00 Bunco (BB) 10:45 Strength Class (WC) 1:00 Bingo (AC) 2:15 Christian Social Hour (AC) 3:15 Chair Exercise w/ Jasmine (AC) 6:30 Scrabble (LB)</p>	<p>4 11:00 Five Crowns (BB) 1:00 Balance & Stretch (WC) 1:30 Meditation (WC) 1:00 Cribbage Club (BB) 2:15 Rummikub (BB) 3:30 BYOB Happy Hour (AC)</p>	<p>5 10:30 Phase 10 (BB) 1:30 Ice Cream Social (BB) 2:00 Skip-Bo (AC)</p>
<p>6 2:00 Skip-Bo (AC) 6:30 Hand and Foot (CR)</p> <p><i>* All activities are subject to change</i></p>	<p>7 10:45 Balance & Stretch (WC) 10:00 Christian Communion—Please Sign Up (AC) 11:00 Crossword Club (AC) 1:00 Mahjong (CR) 2:00 Dominoes (BB) 2:00 Bridge Club (KP) 2:15 Book Club (AC) 3:30 Give Thanks Painting (BB) 6:00 Rummikub (BB)</p>	<p>8 Voting Day & Covid Booster Clinic 9:30 Donut Social (BB) 10:00 Rosary (CR) 10:45 Strength Class (WC) 11:00 Phase 10 (BB) 1:00 Bingo (AC) 1:15 Voting Bus Rides Start 2:15 Five Crowns (BB) 3:15 Chair Exercise w/ Jasmine (AC)</p>	<p>9 <u>Bus Shuttle</u>— Target/Homegoods 10:00 Men's Club (KP) 1:00 1:00-2:30 Lakeville Library (BB) 2:00 500 Club (CR) 2:00 Water Arthritis Class (WC) 3:00 Dominoes (BB) (CGT) 6:30 Theater Night (CGT)</p>	<p>10 10:00 Bunco (BB) 10:00 Mystic Lake Casino Outing 10:45 Strength Class (WC) 1:00 Bingo (AC) 2:15 Christian Social Hour (AC) 3:15 Chair Exercise w/ Jasmine (AC) 6:30 Scrabble (LB)</p>	<p>11 Happy Veterans Day 11:00 Five Crowns (BB) 1:00 Balance & Stretch (WC) 1:30 Meditation (WC) 1:00 Cribbage Club (BB) 2:15 Rummikub (BB) 3:30 BYOB Happy Hour (AC)</p> 	<p>12 10:30 Phase 10 (BB) 11:00 Sing a Long (AC) 1:30 Ice Cream Social (BB) 2:00 Skip-Bo (AC)</p>



November 2022



Silver Advantage Letter of the Month is: "P" for "Professionalism"

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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13
2:00 Skip-Bo (AC)
6:30 Hand and Foot (CR)

14
10:45 Balance & Stretch (WC)
11:00 Crossword Club (AC)
11:30 Mason Jar Restaurant Outing
1:00 Mahjong (CR)
2:00 Dominoes (BB)
2:00 Bridge Club (KP)
3:30 Making Treats for Memory Care (BB)
6:00 Rummikub (BB)

15 9:30 Donut Social (BB)
10:00 Catholic Mass (AC)
10:45 Strength Class (WC)
11:00 Phase 10 (BB)
1:00 Town Hall (AC)
2:00 Bingo (AC)
3:15 Chair Exercise w/ Jasmine (AC)
5:30 Dementia Support Group (AC)

16 **Bus Shuttle**—Cub
10:00 Men's Club (KP)
1:15 New Resident Orientation (BB)
1:30-3PM Library Open House: Cider in the Library (3rd Floor Library)
2:00 500 Club (CR)
2:00 Water Arthritis Class (WC)
3:00 Dominoes (BB)
6:30 Theater Night (CGT)

17
10:00 Bunco (BB)
10:45 Strength Class (WC)
1:00 Bingo (AC)
2:15 Christian Social Hour (AC)
3:15 Chair Exercise w/ Jasmine (AC)
6:30 Scrabble (LB)

18
11:00 Five Crowns (BB)
1:00 Cribbage Club (BB)
1:00 Balance & Stretch (WC)
1:30 Meditation (WC)
2:15 Rummikub (BB)
3:30 November Birthday Happy Hour (AC)



19
10:30 Phase 10 (BB)
1:30 Ice Cream Social (BB)
2:00 Skip-Bo (AC)

20
2:00 Skip-Bo (AC)
6:30 Hand and Foot (CR)

21
10:45 Balance & Stretch (WC)
11:00 Crossword Club (AC)
1:00 Mahjong (CR)
2:00 Dominoes (BB)
2:00 Bridge Club (KP)
3:30 Making Banana Chocolate Chip Muffins (BB)
6:00 Rummikub (BB)

22
9:30 Donut Social (BB)
10:00 Rosary (AC)
10:45 Strength Class (WC)
11:00 Phase 10 (BB)
1:00 Bingo (AC)
3:15 Chair Exercise w/ Jasmine (AC)

23 **Bus Shuttle**—Aldi/Walmart
10:00 Men's Club (KP)
1:00 Loren Wolfe Musical Entertainment (AC)
2:00 500 Club (CR)
2:00 Water Arthritis Class (WC)
3:00 Dominoes (BB)
6:30 Theater Night (CGT)

24
Happy Thanksgiving!
WELLNESS CENTER CLOSED
10:00 Bunco (BB)
6:30 Scrabble (LB)



25
11:00 Five Crowns (BB)
1:00 Cribbage Club (BB)
1:00 Balance & Stretch (WC)
1:30 Meditation (WC)
2:15 Rummikub (BB)
3:30 BYOB Happy Hour (AC)

26
10:30 Phase 10 (BB)
1:30 Ice Cream Social (BB)
2:00 Skip-Bo (AC)

27
2:00 Skip-Bo (AC)
6:30 Hand and Foot (CR)

28
10:45 Balance & Stretch (WC)
11:00 Crossword Club (AC)
1:00 Mahjong (CR)
2:00 Dominoes (BB)
2:00 Bridge Club (KP)
3:30 KS First Floor Christmas Decorating (BB)
6:00 Rummikub (BB)

29 9:30 Donut Social (BB)
10:00 KP Christmas Decorating (KP)
10:00 Rosary (AC)
10:45 Strength Class (WC)
11:00 Phase 10 (BB)
1:00 Bingo (AC)
2:15 Five Crowns (BB)
3:15 Chair Exercise w/ Jasmine (AC)

30 **Bus Shuttle**—Target/Homegoods
10:00 Men's Club (KP)
1:00 KS Resident Council (CR)
2:00 500 Club (CR)
2:00 Water Arthritis Class (WC)
3:00 Dominoes (BB)
6:30 Theater Night (CGT)



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