Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The SilverAdvantage Letter of the month is "P" for Professionalism!	10:00 Coloring 11:00 Listening to Music 1:00 Hymn Sing 2:00 Snack and Chat 3:15 Exercise with Alicia Happy New Year	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Cup Stacking 1:00 Cooking with Anika 2:00 Snack and Chat 2:30 Trivia 3:00 Dean Martin Variety	2 9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Common Factor 1:00 Sing Along 2:00 Snack and Chat 2:30 Hand Massages 3:30 Tom Paquin Live 6:00 Walking with Mallory	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Meet Me in Milan 1:00 Friendship Bracelets 2:00 Snack and Chat 2:30 One-on-Ones 3:00 I Love Lucy	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Finish the Lyrics 1:00 Sing Along 2:00 Snack and Chat 2:30 Napkin Folding 3:15 Exercise with Alicia 6:00 Movie Night	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Short Story 1:00 Sticky Ball 2:00 Snack and Chat 2:30 Uno 3:00 Walking Club 6:30 Documentary
Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Cup Stacking 1:00 Magazine Mosaic 2:00 Snack and Chat 2:30 Bonkers Dice 3:00 Music Circle	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Finish the Phrase 1:00 Hymn Sing 2:00 Snack and Chat 2:30 Bonkers Dice 3:15 Exercise with Alicia	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Building Blocks 1:00 Cooking with Anika 2:00 Snack and Chat 2:30 Trivia 3:00 Dean Martin Variety	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Common Factor 1:00 Sing Along 2:00 Snack and Chat 2:30 Hand Massages 3:15 Exercise with Alicia 6:00 Salt Painting	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Newfoundland and Labrador 1:00 Tissue Paper Painting 2:00 Snack and Chat 2:30 One-on-Ones 3:00 I Love Lucy	2:00 Snack and Chat 2:30 Napkin Folding 3:15 Exercise with Alicia 6:00 Movie Night	12 10:00 Coloring 1:00 Tabletop Dodgeball 2:00 Snack and Chat 6:30 Documentary
1:00 Sing Along 2:00 Snack and Chat	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Finish the Phrase 1:00 Hymn Sing 2:00 Snack and Chat 2:30 Bonkers Dice 3:15 Exercise with Alicia	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Puzzle Club 1:00 Cooking with Anika 2:00 Snack and Chat 2:30 Trivia 3:00 Dean Martin Variety	10:00 Price is Right 11:00 Listening to Music 1:00 Sing Along 2:00 Snack and Chat 2:30 Hand Massages 3:15 Exercise with Alicia 6:00 Walking with Mallory	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 The Boroughs of New York 1:00 Mug Painting 2:00 Snack and Chat 2:30 One-on-Ones 3:00 I Love Lucy	11:00 Finish the Lyrics 1:00 Sing Along 2:00 Snack and Chat 2:30 Napkin Folding 3:15 Exercise with Alicia 6:00 Movie Night	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Cup Stacking 1:00 Sticky Ball 2:00 Snack and Chat 2:30 Uno 3:00 Walking Club 6:30 Documentary
Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Short Story 1:00 Rock Painting 2:00 Snack and Chat 2:30 Bonkers Dice 3:00 Music Circle	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Finish the Phrase 1:00 Hymn Sing 2:00 Snack and Chat 2:30 Bonkers Dice 3:15 Exercise with Alicia	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Trivia 1:00 Winter Wonderland Party 3:00 Dean Martin Variety	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Common Factor 1:00 Sing Along 2:00 Snack and Chat 2:30 Hand Massages 3:15 Exercise with Alicia 6:00 Tabletop Dodgeball	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Israel 1:00 Clay Jewelry 2:00 Snack and Chat 2:30 One-on-Ones 3:00 I Love Lucy	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Finish the Lyrics 1:00 Sing Along 2:00 Snack and Chat 2:30 Napkin Folding 3:15 Exercise with Alicia 6:00 Movie Night	10:00 Coloring 1:00 Tabletop Dodgeball 2:00 Snack and Chat 6:30 Documentary
1:00 Sing Along 2:00 Snack and Chat	Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Finish the Phrase 1:00 Hymn Sing 2:00 Snack and Chat 2:30 Bonkers Dice 3:15 Exercise with Alicia 6:00 Memorial Service	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Sorting of Sorts 1:00 Cooking with Anika 2:00 Snack and Chat 2:30 Trivia 3:00 Dean Martin Variety	9:30 Good Morning Reflections 10:00 Morning Stretch 10:30 Small Groups 11:00 Common Factor 1:00 Sing Along 2:00 Snack and Chat 2:30 Resident Council 3:15 Exercise with Alicia 6:00 February Door Signs	Ref	LIVE Activity	

ALL ACTIVITIES ARE SUBJECT TO CHANGE OR BE CANCELLED! *All Bolded Activities are a party. *All Bolded and Red Activities are Upstairs in our Activity Center. *All Bolded and Green Activities are special programming.